Prior 2 School Toolkit: Module 1: Check Your Learning



"Check Your Learning" Tool

The purpose of the "Check Your Learning" Tool is to help you identify areas of the Toolkit that may be of use to you. You may not need any of the resources in this toolkit, you may need just a few or you may benefit from quite a few supports. By targeting specific areas of learning that will be important to your success in college-level programming, you can be as prepared as possible for success.

The purpose of this checklist is to provide you a basic self-assessment of how prepared you feel returning to school in the Horticulture Technician apprenticeship program, so you can identify areas where you might want to focus on improving.

To get started we recommend printing out the checklist below. Once you've done this, read each statement and determine if it applies to you. If it does, then mark Y (for yes). If it doesn't, mark N (for no). Then refer to the table below to gain direction as to which modules might be of value to you.

- 1. Y_ N_ I can describe my learning style(s)
- 2. Y_ N_ I can identify strategies to get ready to return to learning
- 3. Y N I know how to study effectively
- 4. Y_ N_ I can identify strategies to reduce stress
- 5. Y_ N_ I know how to accurately identify most common plants
- 6. Y_ N_ I can read reference and equipment manuals, e.g., read reference manuals to learn about essential plant nutrients
- 7. Y_ N_ I know what verbal and non-verbal communication is and why it is important in the workplace
- 8. Y_ N_ I know about free upgrading programs in my community
- 9. Y_ N_ I am familiar with study skills
- 10. Y_ N_ I understand math, including how to do basic fractions and work with decimals
- 11. Y_ N_ I know how to work well with others in the workplace
- 12. Y_ N_ I can write short reports, e.g., write short reports to describe incidents that resulted in damaged property and injuries to workers
- 13. Y_ N_ I know how to interpret plant hardiness zones
- 14. Y_ N_ I can describe some learning strategies for my learning style(s)
- 15. Y_ N_ I know tips to speak successfully in public
- 16. Y_ N_ I know strategies to take care of myself so that I can study
- 17. Y_ N_ I know strategies to answer questions in exams/tests
- 18. Y N I am familiar with memorization techniques to help with plant identification
- 19. Y_ N_ I know how to use a measuring tape
- 20. Y_ N_ I know how to access support related to going to college (how to find my class(es), how to apply for Employment Insurance (EI), etc.)
- 21. Y_ N_ I know how to motivate myself and stay motivated
- 22. Y_ N_ I can locate data such as blooming schedules, identification numbers, ingredients and quantities in moderately complex lists and tables
- 23. Y_ N_ I know what learning disabilities supports exist at the college I will be attending
- 24. Y_ N_ I can write a note to a coworker
- 25. Y_ N_ I know how to manage my time well
- 26. Y_ N_ I understand how to convert imperial to metric (inches to metres) and vice versa
- 27. Y_ N_ I know how to reduce my anxiety around math
- 28. Y N I know what factors affect plant survival
- 29. Y_ N_ I can identify common plant identification strategies
- 30. Y_ N_ I know about English as a Second Language programming in my community









